

A photoconverter gel-assisted blue light therapy for the treatment of rosacea

BRAUN, S. & GERBER, A., 2017

CASE STUDY

62-year-old woman with papulopustular rosacea. Previous treatments did not lead to a satisfying control of the papulopustular inflammation within the T zone.

The treatment was repeated four times, once weekly. No other medication was applied during and after treatment.

RESULTS

EFFICACY

After 5 weeks, the patient showed a marked reduction of the inflammatory reaction and an overall improvement of the large-pored skin type (Fig.1).

SAFETY

The patient developed a mild erythema immediately after the first treatment, that regressed 1 week after the final session.



Fig.1.a.

62-year-old patient with papulopustular rosacea



Fig.1.b.

5 weeks after 4 treatments once weekly with a chromophore gel-assisted blue light phototherapy, the patient showed a marked reduction in the inflammatory reaction within the T zone.

CONCLUSIONS

“Observations suggest that photoconverter gel-assisted blue light therapy may also function as a new topical, non-systemic option for the treatment of papulopustular rosacea.”

For more information and before/after pictures, visit the original [publication](#).